

## Preterm to 1 Month

## 1 Month to 1 Year

## 1 Year to 5 Years

### Overarching "North Star" Goals

**Optimal birth outcomes for mother and child**

**Optimal physical health and a secure attachment with a primary caregiver**

**Optimal physical health and developmentally on track at school entry**

### Key Indicators

- Birthweight <2500 grams
- Preterm births
- Severe maternal morbidity

- On-target developmental and social-emotional screens
- Reported cases of abuse and neglect

- On-target developmental and social-emotional screens
- ED visits for unintentional injury
- Expulsions/suspensions
- Kindergarten readiness using standardized tool (aspirational)
- Reported cases of abuse and neglect

### High-Value, Often Underutilized Primary Care Strategies

#### Early and regular prenatal care visits including:

- Birth spacing/contraceptive use counseling
- Breastfeeding encouragement
- Care transition plan for use by obstetrician, newborn nursery and primary care doctor
- Screening/treatment for preterm birth risks and tobacco/substance use

#### Co-located/integrated behavioral health services

##### Screening/referrals for:

- Adverse Childhood Experiences (ACEs)
- Social determinants of health
- Domestic violence/personal safety
- Maternal depression

#### Enhancing parental skills through evidence-based education/home visitation programs

#### Seamless information exchange between women's health and child health providers

#### Regular well-child visits including:

- Developmental screenings in four domains: motor, language, cognitive, and social emotional
- Weight/nutrition/physical activity counseling
- Early Intervention referral

#### Co-located/integrated behavioral health services

##### Screening/referrals for:

- ACEs
- Social determinants of health
- Domestic violence/personal safety
- Maternal depression

#### Enhancing parental skills through evidence-based education/home visitation programs

#### Seamless information exchange between women's health and child health providers (when mother is primary caregiver of child)

#### Regular well-child visits including:

- Developmental screenings in four domains: motor, language, cognitive, and social emotional
- Weight/nutrition/physical activity counseling
- Early Intervention referral
- Dental screening/treatment
- Eye and hearing examination/referral
- Vaccinations

#### Co-located/integrated behavioral health services

##### Screening/referrals for:

- ACEs
- Social determinants of health

#### Enhancing parental skills through evidence-based educational programs

#### Management/treatment of chronic conditions

## 6 Years to 10 Years

## 11 Years to 14 Years

## 15 Years to 21 Years

### Overarching "North Star" Goals

**Staying healthy and strengthening social, emotional and intellectual skills**

**Staying healthy and coping effectively with challenges of early adolescence**

**Staying healthy and able to succeed in the world of work, school, and other adult responsibilities**

### Key Indicators

- Average daily school attendance
- Hospitalization for asthma
- Obesity
- Positive screens for depression/anxiety
- Grade progression
- Standard 3rd-grade reading scores

- Average daily school attendance
- Hospitalization for asthma
- Obesity
- Positive screens for depression/anxiety
- Tobacco/substance use

- Algebra 1 Regent passing
- Hospitalization for asthma
- Obesity
- Positive screens for depression/anxiety
- Tobacco/substance use
- Cohort graduation
- Post-secondary enrollment
- Pregnancy, ages 15-17

### High-Value, Often Underutilized Primary Care Strategies

**Regular well-child visits including:**

- Weight/nutrition/physical activity counseling
- Dental screening/treatment

**Co-located/integrated behavioral health services**

**Screening/referrals for:**

- ACEs
- Social determinants of health
- Behavioral health risks

**Enhancing parental skills through evidence-based educational programs**

**Management/treatment of chronic conditions**

**Regular adolescent visits including:**

- Weight/nutrition/physical activity counseling
- Health care self-management/health literacy education
- Vaccinations

**Co-located/integrated behavioral health services**

**Screening/counseling/referrals for:**

- ACEs
- Social determinants of health
- Behavioral health risks

**Enhancing parental skills through evidence-based educational programs**

**Management/treatment of chronic conditions**

**Regular adolescent visits including:**

- Weight/nutrition/physical activity counseling
- Health care self-management/health literacy education
- Vaccinations

**Co-located/integrated behavioral health services**

**Screening/counseling/referrals for:**

- ACEs
- Social determinants of health
- Behavioral health risks

**Management/treatment of chronic conditions**