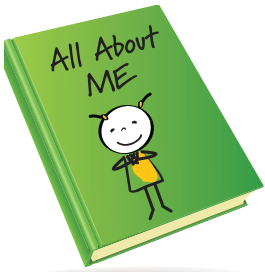


# Two-Way Communication for Families



## “ALL ABOUT ME” BOOKS

“All About Me” books provide a way for children and families to share important information about themselves and provide teachers with additional knowledge and insight into their lives. Teachers and families can use this resource to help children within a classroom community celebrate their individuality and learn about similarities and differences amongst one another. The information from these books can help teachers access information that is unique to each child and create a sense of community in the classroom. It is suggested that the teacher complete an “All About Me Book” about themselves to share with families and students.

This resource is for families to develop “All About Me” books with their children. Families can use the resource to communicate their child’s strengths to their child’s teacher.

**Recommendations**

Implementation Settings

- Home
- Community parks, libraries, recreational centers, etc.
- Community events
- Planned family events

**Planning Time:** None

**Implementation Time:** Up to 30 minutes per section (Total: 60 minutes)

**Teachers** can use the information in the “All About Me” books to understand more about a child and his or her family, as well as to plan for the classroom.

### All About Me



My age is \_\_\_\_\_

My eyes are: \_\_\_\_\_

My skin color is: \_\_\_\_\_

My hair is: \_\_\_\_\_

My accessories are: *(example: glasses, braces, a wheelchair, a hearing aid, other assistive devices)*

\_\_\_\_\_

\_\_\_\_\_

My family speaks \_\_\_\_\_ at home.

My favorite thing to do with my family is:

\_\_\_\_\_

When my family is together we like to:

\_\_\_\_\_

My favorite way to celebrate with my family is:

\_\_\_\_\_

Something my family likes to eat during special times is: \_\_\_\_\_

\_\_\_\_\_

When I am not in school, I like to spend my time with \_\_\_\_\_, and my favorite things to do are:

\_\_\_\_\_

Things that I can do really well are:

\_\_\_\_\_

Things that are a little more challenging for me are:

\_\_\_\_\_

It’s easier for me to learn when:

\_\_\_\_\_

The people I live with are:

\_\_\_\_\_

The place where I live is:

\_\_\_\_\_

I feel frustrated when:

\_\_\_\_\_

I feel great when:

\_\_\_\_\_

My favorite games to play are:

\_\_\_\_\_

My favorite books to read are:

\_\_\_\_\_

# My Personality



- |   |                             |                                 |                             |
|---|-----------------------------|---------------------------------|-----------------------------|
| 1. I get excited about new situations or people                                 | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 2. I keep working on tasks and activities even when issues come up              | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 3. I am sensitive to sounds, touch, and/or temperatures                         | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 4. Learning is easier when I can move   | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 5. It takes me a little time to become comfortable with new people or situation | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 6. I am positive and cheerful   | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 7. I like to sit back quietly and observe                                       | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 8. I am persistent when faced with challenges                                   | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |
| 9. I let someone know when I need help  | <input type="radio"/> Never | <input type="radio"/> Sometimes | <input type="radio"/> Often |

