



STRENGTHENING FAMILIES AND TWO GENERATION STRATEGIES

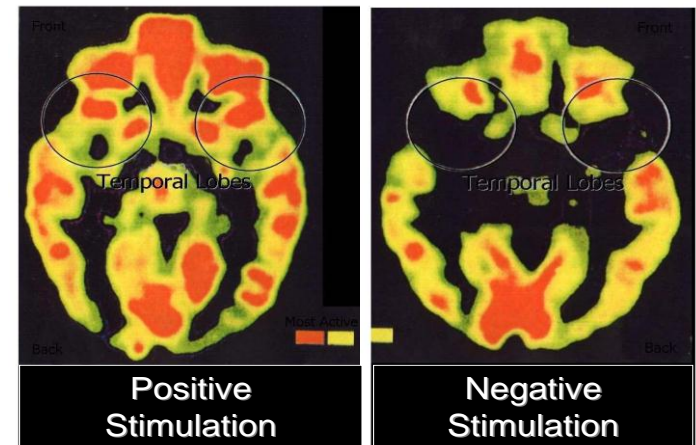
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BUILD Initiative and Child and Family Policy Center

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Science Shows the First Years of Life Most Critical

- **Protective Factors** (Strengthening Families)
- Adverse Childhood Experiences (CDC)
- Resiliency (AAP)
- Epigenetics (Genetics)
- Neurobiology (Brain Research)
- Toxic Stress (Center on the Developing Child)
- **Social Determinants of Health**
(World Health Organization)



Harry T. Chugani, MD, PET Center Director, Chief of Pediatric Neurology and Developmental Pediatrics, Children's Hospital of Michigan

Protective Factors and Social Determinants Point to Same Set of Needs & Two Generation Responses

Two Literatures: One Common Message

Social Determinants

Social gradient

Early life

Stress

Social exclusion

Social support

Protective Factors

Concrete services and supports in times of need

Knowledge of healthy early child development

Resiliency

Positive and supportive activities with children

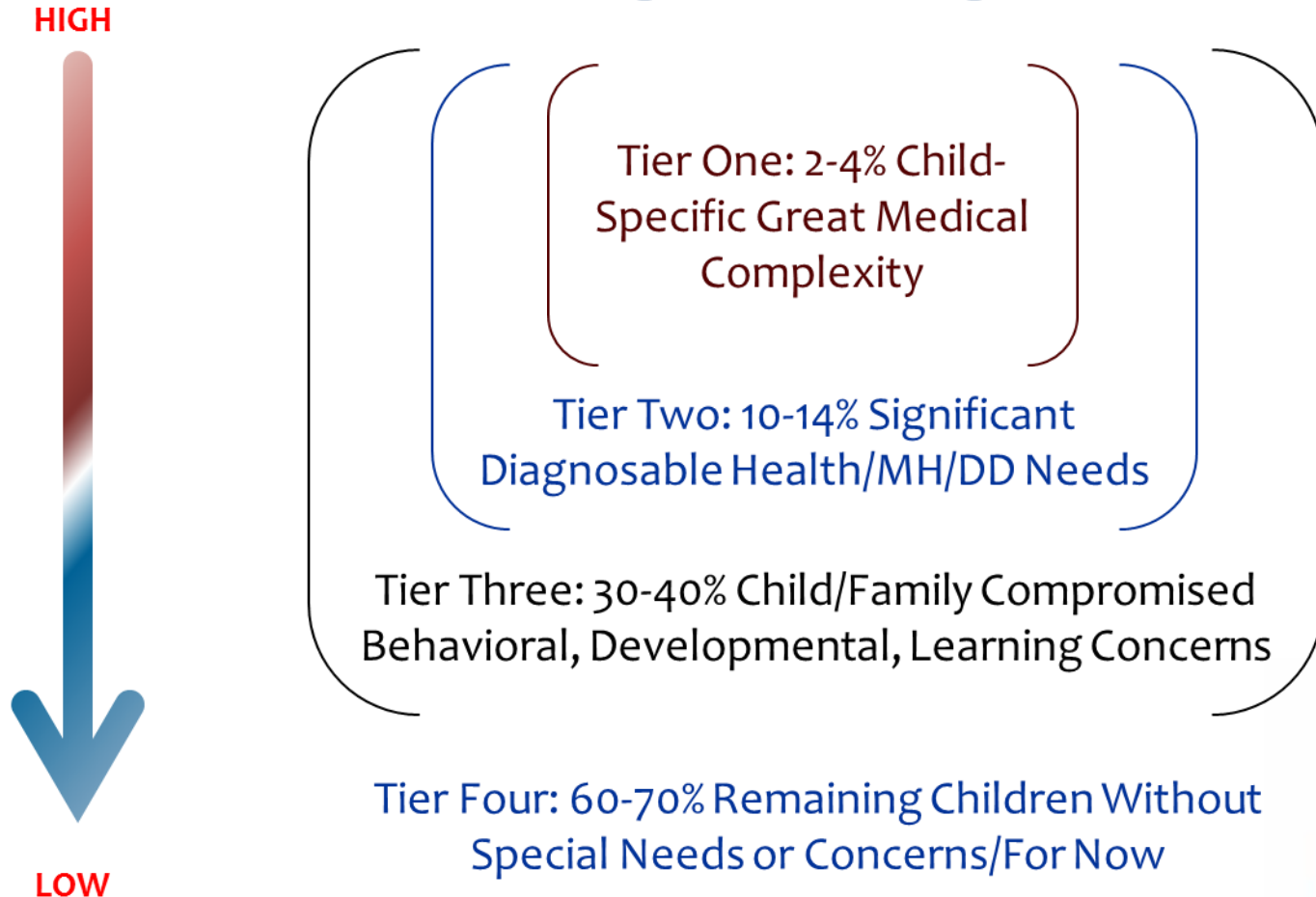
Social ties and connections



Sources: Social Determinants. *Social Determinants, the Hard Facts. 2nd Edition, 2003.*
Protective Factors. *Strengthening Families Research Framework. CSSP.*

This Means Family Strengthening For a Large Proportion of Children

Current Range of Young Child Needs



Two Generation Family Strengthening Strategies Include Relationship Focus

Parent Focus

Concrete services

Employment/Trning

Parent treatment/
respite from stress

Relationship Focus

Parent-child activities

Family counseling

Hands-on parenting
education with child

Child Focus

Child activities

Quality substitute care

Response to
special needs

Fostering resiliency

Building social ties

Science Spells Out the Solution

- **P**rotective Factors (Strengthening Families)
- **A**dverse Childhood Experiences (CDC)
- **R**esiliency (AAP)
- **E**pigenetics (Genetics)
- **N**eurobiology (Brain Research)
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About the Child and Family Policy Center, the BUILD Initiative, and the Learning Center on Health Equity and Young Children

The **Child and Family Policy Center** is the research partner with BUILD and works nationally and in Iowa on developing more comprehensive, community-based systems of services and supports to improve child well-being.

The **BUILD Initiative** is a national initiative which supports state early childhood systems building through a comprehensive approach that integrates health, family support, and early childhood education, with a special focus upon developing inclusive and culturally responsive systems.

The BUILD Initiative and the Child and Family Policy Center are collaborating to create a **Learning Center on Health Equity and Young Children**.

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